

Education Inclusion Family Advisor Newsletter

A Message From Me

If you would like to contact me for support, please send me an email. Details at the bottom of the newsletter



Activity Idea

It is National Numeracy Day on 22nd May. Many children struggle to understand some concepts in Maths. It is important to remember that maths is all around us in everyday life! Here is a fun activity to try, involving maths-but you might not know it!

Hopscotch:

Draw out your hopscotch grid with chalk on a pavement. You can play traditional hopscotch, or try these variations:

1. Use a small stone to throw and add two numbers together, that is how many hops you must do around the hopscotch grid-winner is the person with the highest total.
2. Set a 30 second timer (or one person counts to 30) how far around the grid can you get in that time? How many times can you complete it?



Parenting Top Tip:

Helping your child develop positive self-talk.

Children can experience negative thoughts and emotions when attempting mental or physical tasks, such as homework or learning a new skill.

You see these emotions such as anger, frustration, fear or discouragement.

Teach your child positive self-talk by using these positive phrases.

"Take three breaths."

"I can handle this."

"With more practice I can do this."

"Think happy."

"I can calm down."



Please click on the link below to join our online workshops to help with this and other issues.



Try this!

Maths games on the go and in the car!
4 games to play involving maths.



Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



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